

NRH Regional Rehab at Dundalk

Baltimore

1576 Merritt Boulevard, Suite 7
Baltimore, MD 21222

Hours of Operation:

MTWR 8am-7:30pm, F 8am-5:00pm

410.650.2145

410.282.5955 (fax)



Directions:

From I-695 Inner loop take Exit 39 - Merritt Blvd. After the fifth light, turn right into the Medical Center of Dundalk. From I-895 take Holabird Ave. exit. Turn left at Merritt Blvd. At the first light make a left and another left into the Medical Center of Dundalk.

Further Details:

Our team includes:

- * Heather Nitsch, DPT, OCS, CHT - Clinic Director
- * Kimberly Morrison, DPT
- * Janice Richberg, OTR/L, CHT
- * Amanda Jedamski, OTR/L
- * Megan Stock, MS, CF-SLP
- * Renee Schroeder, PT
- * Amanda Schaefer, DPT

Questions or concerns about our site? Please contact Jeannine McNelly, Physician Liaison, at 202.877.1914.

Services:

- * Occupational Therapy
- * Pediatric Speech-Language Pathology
- * Physical Therapy
- * Speech-Language Pathology
- * Vestibular/Balance Rehabilitation
- * Arthritis Program
- * Falls Prevention Program
- * Foot and Ankle Services
- * Manual Therapy
- * Orthopedics
- * Sports Medicine Program
- * Hand and Upper Extremity Program
- * Repetitive Motion Disorder Services
- * Spine Services
- * Stroke Recovery Program
- * Temporomandibular Joint Disorder (TMJ)
- * Amputee Services



**Outpatient Services Insurance List
(Updated August 9, 2010)**

Note: Many insurance plans not on this list may be approved for various specialty services. To obtain more specific information about your insurance, please call your insurance company for clarification.

Aetna (all products, including Medicare products)
Alliance (including GEHA)
Amerigroup (DC & MD/Age 21 or older)
Blue Choice HMO/POS (all products)
CareFirst BCBS (Indemnity and PPO: BluePreferred, FEP Standard & Basic)
Care First BCBS of Maryland (Indemnity and PPO)
Community Care Network (CCN) PPO
Cigna PPO
Cigna HMO (Occupational and Speech therapy only)
DC Chartered Health Plan
Helix Family Choice
Kaiser Permanente (all products, including Medicare products)
MAMSI Life & Health
Maryland Health Insurance Plan (MHIP)
MDIPA & MDIPA Preferred HMO/POS
Medicare, Part A & B
Optimum Choice & Optimum Choice Preferred HMO/POS
Private Healthcare Systems (PHCS) PPO
TRICARE/Healthnet (including TRICARE Prime, Standard and Extra)
United Healthcare (National) (all products)
United Healthcare Mid Atlantic Medical Services (all products except United Family First-AmeriChoice)

Most commercial carriers are also accepted. Please call one of our Outpatient Locations for assistance with commercial carriers not found on this list.

Workers' Compensation Clients are accepted at most NRH Regional Rehab locations.