

## NRH Regional Rehab at Dorsey Hall (Columbia)

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### Howard County

Dorsey Hall Medical Center  
9501 Old Annapolis Road, Suite 125  
Ellicott City, MD 21042

### Hours of Operation:

Monday - Friday 8:00am - 6:00pm

410-997-1063

410-997-1408 (fax)



### Directions:

From I-95, take exit 43B (MD-100) toward Ellicott City. Merge onto Rt 29 S. Take exit 21B (MD-108W). At first light turn right onto Columbia Rd. Turn right onto Old Annapolis Rd and then right into 9501, Dorsey Hall Medical Center.

From Route 29 - take Exit 21B (MD-108/W Clarksville Pike) toward Clarksville. Turn right onto Columbia Rd. Turn right onto Annapolis Rd. to 9501.

### Further Details:

Clinic Manager: Scott Ayd, MPT

### Services:

- \* Arthritis Program
- \* Falls Prevention Program
- \* Foot and Ankle Services
- \* Hand and Upper Extremity Program
- \* Manual Therapy
- \* Memory & Neuropsychological Disorders
- \* Orthopedics
- \* Physical Therapy
- \* Psychology & Neuropsychology
- \* Repetitive Motion Disorder Services
- \* Spine Services
- \* Sports Medicine Program
- \* Stroke Recovery Program
- \* Temporomandibular Joint Disorder (TMJ)



Outpatient Services Insurance List  
(Updated August 9, 2010)

**Note:** Many insurance plans not on this list may be approved for various specialty services. To obtain more specific information about your insurance, please call your insurance company for clarification.

Aetna (all products, including Medicare products)  
Alliance (including GEHA)  
Amerigroup (DC & MD/Age 21 or older)  
Blue Choice HMO/POS (all products)  
CareFirst BCBS (Indemnity and PPO: BluePreferred, FEP Standard & Basic)  
Care First BCBS of Maryland (Indemnity and PPO)  
Community Care Network (CCN) PPO  
Cigna PPO  
Cigna HMO (Occupational and Speech therapy only)  
DC Chartered Health Plan  
Helix Family Choice  
Kaiser Permanente (all products, including Medicare products)  
MAMSI Life & Health  
Maryland Health Insurance Plan (MHIP)  
MDIPA & MDIPA Preferred HMO/POS  
Medicare, Part A & B  
Optimum Choice & Optimum Choice Preferred HMO/POS  
Private Healthcare Systems (PHCS) PPO  
TRICARE/Healthnet (including TRICARE Prime, Standard and Extra)  
United Healthcare (National) (all products)  
United Healthcare Mid Atlantic Medical Services (all products except United Family First-AmeriChoice)

*Most commercial carriers are also accepted. Please call one of our Outpatient Locations for assistance with commercial carriers not found on this list.*

*Workers' Compensation Clients are accepted at most NRH Regional Rehab locations.*