MedStar NRH Outpatient Center for Orthopaedic Rehabilitation (OCOR)

District of Columbia
102 Irving Street, NW
First Floor
Washington, DC 20010

Hours of Operation:
T, W, Th 7a-6p; M, F 7a-5:30p

202.877.1566
202.877.1113 (fax)

Directions:
NRH is located directly across the street from the Washington Hospital Center (WHC) in northwest DC. From the DC Beltway, take exit 28B, New Hampshire Ave South. Proceed on New Hampshire; turn/ merge left on North Capitol St. Merge right onto Irving St. exit. Turn left into campus (left turn lane.) Patients using metro can take the red line to the Brookland/CUA stop; exit towards bus area, to the left will be the white "HealthRide" shuttle bus. The first stop on campus is the National Rehabilita

Further Details:
NRH Rehabilitation Network provides a full complement of services aimed at evaluating and treating individuals with injuries, restoring function and safely returning patients to work, recreation and other quality of life activities. We pride ourselves on providing exceptional customer service that begins with convenient access, a comfortable environment of care and a compassionate team of highly-skilled clinicians and administrative staff. Patients return to our centers for the challenge and satisfaction of working collaboratively with our dedicated staff to achieve their therapy goals. The Outpatient Center for Orthopaedic Rehab (OCOR) is located at the MedStar NRH Main Campus on the first floor. Our clinic specializes in the treatment of acute phase of injuries, pre and post-operative care, worker's compensation clients, continence and pelvic floor disorders and the treatment of the Hand and Upper Extremity.

For workers' compensation-related inquiries, please contact Janine Facon, Workers Comp Case Manager, at 202-877-1929. **For customer service issues or inquiries**, please contact Christina McCarthy at 202-877-1977, or christina.j.mccarthy@medstar.net

Services:
* AlterG Anti-Gravity Treadmill
* Arthritis Program
* Falls Prevention Program
* Foot and Ankle Services
* Functional Capacity Evaluation
* Hand and Upper Extremity Program
* Manual Therapy
* Occupational Therapy
* Orthopaedics
* Pelvic Pain Program
* Performing Arts Program
* Physical Therapy
* Repetitive Motion Disorder Services
* Work Conditioning
* Continence Program
* Sports Medicine Program
* Spine Services
* Aquatic Therapy
* Temporomandibular Joint Disorder (TMJ)

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Other Languages Spoken:
Hindi
Spanish

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Outpatient Services Insurance List
(Updated May 15, 2012)

Note: Many insurance plans not on this list may be approved for various specialty services. To obtain more specific information about your insurance, please call your insurance company for clarification.

Aetna (all products excluding workers compensation & Medicare Advantage PFFS)
BlueChoice HMO/POS/PPO
CareFirst BCBS (Blue Preferred PPO, FEP Standard & Basic PPO, Blue Choice Advantage, Healthy Blue POS, Indemnity)
CareFirst BCBS of Maryland (POS/PPO/Indemnity)
Cigna (EPO/HMO/POS/PPO/Open Access/Indemnity)
Coventry of Delaware (HMO/PPO)
Coventry National (includes Mail Handlers)
First Health PPO
Health Services for Children with Special Needs (HSCSN)
InforMed
Kaiser Permanente (Flexible Choice POS/Medicare Plus/Select/Select-Added Choice/Select – Senior Advantage/Select Signature-Senior Advantage)
Medicare (Part A & B)
Medicaid (Maryland & DC non-managed care)
MedStar Family Choice (DC Healthy Families & DC Alliance)
MedStar Family Choice (Health Choice – MD Medicaid)
MedStar Medicare Choice (DC residents only) MedStar Select
OneNet PPO (formerly Alliance)
Peace Corps
Police and Fire Clinic (PFC)
Private Healthcare Systems (PHCS)
United Healthcare Commercial Plans (Choice HMO/Choice Plus POS/Options PPO (includes Empire PPO, GEHA, Compasse Rose)/Select HMO/Select Plus/Student Resources)
United Healthcare-MAMSI Plans (MDIPA HMO/MDIPA POS/Optimum Choice HMO/Optimum Choice Preferred POS & OCI Direct HMO/MAMSI Life & Health – PPO & Indemnity)
TRICARE/HealthNet (Extra/Prime/Standard)

Most commercial carriers are accepted. Please call one of our locations for assistance with commercial carriers not found on this list.

Workers' Compensation (WC) – MedStar NRH does not participate with most workers' compensation carriers, but will attempt to negotiate single case agreements with any WC carrier.

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